




| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|---|
| <p>SRAC does its best to provide 1–2 lanes for members and guests to lap swim at all times; when appropriate, please circle swim.</p> | | | <p>1 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Element Gym 10a-12p Woodalls 10:30a-12p Tiger Sharks 4p-8p</p> | <p>2 Water Aerobics 7:30a-10a Kids Country Wilson Mills/Clayton 1-2:30p</p> | <p>3 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:30a SRAC Camp 2:30p-4:30p</p> | <p>4 Tiger Sharks 9:30a-12:30p</p> <p>Happy Fourth of July!</p> |
| | <p>5</p> | <p>6 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Kids Club House 10a-12p Kids Club House 1p-3p SRAC Camp 2:30p-4:30p Lifeguard Class 6p-8p</p> | <p>7 Water Aerobics 7:30a-10a Tiger Sharks 9a-11:15a Elite Gym 11a-1p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>8 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Element Gym 10a-12p Woodalls 10:30a-12p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>9 Water Aerobics 7:30a-10a Kids Country Wilson Mills/Clayton 1-2:30p SRAC Camp 2:30p-4:30p Tiger Sharks Swim Meet 6p-8p</p> | <p>10 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:30a SRAC Camp 2:30p-4:30p Lifeguard Class 4p-8p</p> |
| <p>12 Lifeguard Class 12p-5p</p> | <p>13 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Kids Club House 10a-12p Kids Club House 1p-3p SRAC Camp 2:30p-4:30p</p> | <p>14 Water Aerobics 7:30a-10a Tiger Sharks 9a-11:15a Elite Gym 11a-1p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>15 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Element Gym 10a-12p Woodalls 10:30a-12p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>16 Water Aerobics 7:30a-10a Kids Country Wilson Mills/Clayton 1-2:30p SRAC Camp 2:30p-4:30p Tiger Sharks Swim Meet 6p-8p</p> | <p>17 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:30a SRAC Camp 2:30p-4:30p Pool luau 5p-8p</p> | <p>18 Tiger Sharks 9:30a-12:30p</p> |
| <p>19</p> | <p>20 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Kids Club House 10a-12p Kids Club House 1p-3p SRAC Camp 2:30p-4:30p</p> | <p>21 Water Aerobics 7:30a-10a Tiger Sharks 9a-11:15a Elite Gym 11a-1p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>22 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Element Gym 10a-12p Woodalls 10:30a-12p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>23 Water Aerobics 7:30a-10a Kids Country Wilson Mills/Clayton 1-2:30p SRAC Camp 2:30p-4:30p</p> | <p>24 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:30a SRAC Camp 2:30p-4:30p</p> | <p>25 Southern Metro Swim Meet 8a-8p</p> <p>Pool Closed for Swim Meet</p> |
| <p>26</p> | <p>27 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Kids Club House 10a-12p Kids Club House 1p-3p SRAC Camp 2:30p-4:30p</p> | <p>28 Water Aerobics 7:30a-10a Tiger Sharks 9a-11:15a Elite Gym 11a-1p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>29 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:15a Element Gym 10a-12p Woodalls 10:30a-12p SRAC Camp 2:30p-4:30p Tiger Sharks 4p-8p</p> | <p>30 Water Aerobics 7:30a-10a Kids Country Wilson Mills/Clayton 1-2:30p SRAC Camp 2:30p-4:30p</p> | <p>31 Water Aerobics 7:30a-10a The Navy 7:30a-9a Tiger Sharks 9a-11:30a SRAC Camp 2:30p-4:30p</p> |  |